



# FLIPA

Be Kind Enjoy



Everyone Plays

Fun Learning through Inclusive  
Play Activators



## NEWSLETTER #3



**Welcome to FLIPA Newsletter #3. Previous newsletters can be found on our Website <https://parafedbop.co.nz/flipa-newsletters>**

FLIPA continues to grow & develop. To date we have taken FLIPA to 17 Bay of Plenty Schools.

The programme is evolving & we are continuing to develop these relationships to seek the best way to keep inclusive play more sustainable within these schools.

Every week I feel blessed to have the opportunity to be able to facilitate tamariki with the time, permission & space so they can explore play, find new ways to play with pieces of equipment (chosen by themselves), create their own games & just have a heaps of fun!!



During our sessions at Te Puna School, Haylee from Backyard Games joined in & brought some of her amazing games!

One of the popular games was cornhole as It is very inclusive. For more details see their website <https://www.backyardgames.co.nz/>



If you know anyone or a school that would like to participate in the FLIPA Programme please reach out. Contact Jo [jo@parafedbop.co.nz](mailto:jo@parafedbop.co.nz)

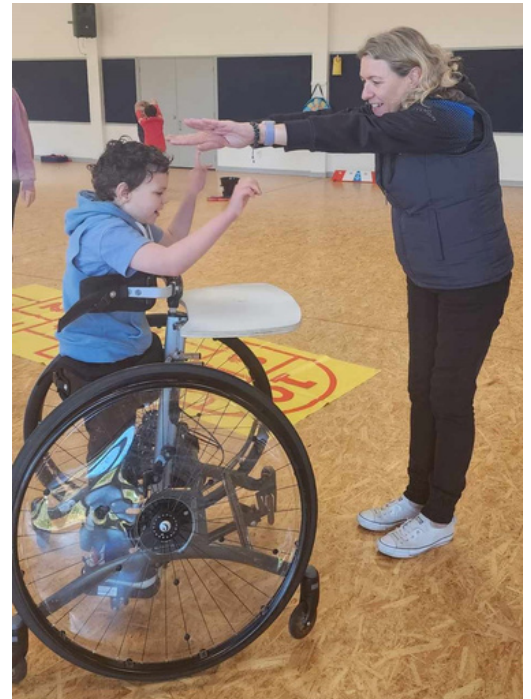




# DID YOU KNOW ?...

***Did you know*** that we now have a second member of the Parafed Bay of Plenty Team, Suzanne, delivering FLIPA to Western Bay of Plenty Schools?

Suzanne is based in Papamoa & brings an event & sport background with a fun attitude. Here She is playing “Pepehanga” with one of our Te Puna tamariki during our warm up sessions.



Following on from Newsletter #2, ***did you know*** that Bob Hughes, as a lifelong advocate for free play, lists 16 types of play that children will experience in their play development. Each newsletter will reveal 2 play types. If you would like to read the rest then click here <https://thekidsclub.je/play-types/>

Here are 2 more play types:

**Creative Play:** Play which allows a new response, the transformation of information, awareness of new connections, with an element of surprise. E.g enjoying creation with a range of materials & tools for its own sake. Children being creative, freedom to explore a tool with no end result, self-expression through any medium.



**Communication Play:** Play using words, nuances or gestures E.g mime, jokes, play acting, mickey taking, singing, debate, poetry. Use of words, facial expressions, imitations, even graffiti are all means children use to extend & use their communication skills.



# TRY THIS.....

**Bucket Pong:** This activity just needs some ping pong balls, a few buckets & a hard surface. It's better if there are different coloured buckets as we have seen tamariki assign a points system to the different colours.

You just bounce the ping pong ball & aim to get it in the bucket!



It is an activity enjoyed by everyone, mixed in with a bit of YMCA!!



# TOP TIPS

**One handed tips:** With anything, it is sometimes just a case of thinking outside the square. The young lad pictured didn't even think he could use the pictured piece of equipment as he only had one functioning hand.

With a bit of lateral thinking, some string & a solid object he was able to achieve it. It was awesome to see the smile on his face afterwards!



**One handed tips:** Velcro catchers are another useful piece of equipment for those with limited hand function.

Tennis balls stick to the velcro & each velcro paddle has strapping at the back which secures it onto the participants hand, making catch games more achievable. Generally each person only needs one each, but they are great fun!!!





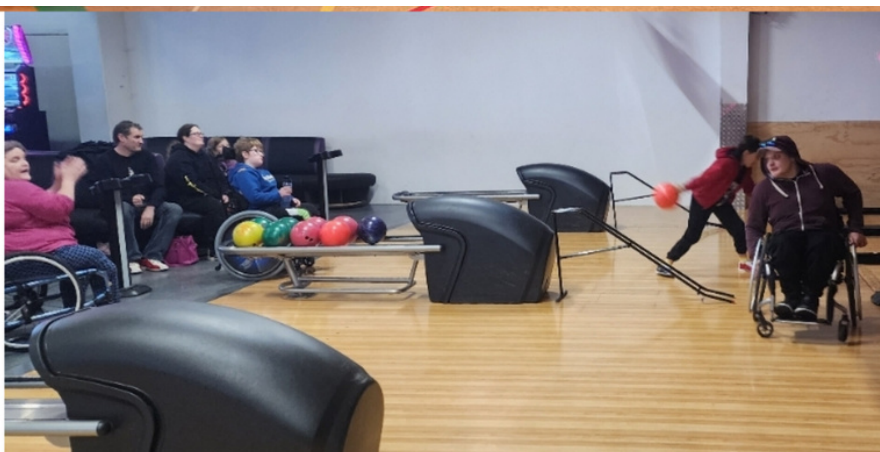
# PARAFED BOP NEWS



Boccia is a popular activity with both tamariki & rangatahi. As well as practicing & developing accuracy skills there is the opportunity to lead & ref the game.

Our youth members enjoyed Jiu Jitsu.

Not only have tamariki had fun, its been a great way to support their balance & co-ordination.



Ten Pin Bowling is a very popular activity both in Rotorua & Tauranga

Our youth members thoroughly enjoyed the virtual reality experience at The Cave.



Please check out the attached PDF which lists all the amazing opportunities that are coming up over the next few weeks....including Sailing, Waka Ama, Ten Pin Bowling, our Epic Amazing Race and much much more!!!!



If your child has a primarily physical, hearing or visual disability & you would like to join Parafed Bay of Plenty please contact jo  
[jo@parafedbop.co.nz](mailto:jo@parafedbop.co.nz)