



Fun Learning through Inclusive Play Activators



NEWSLETTER #4



Welcome to Newsletter #4. Our first 3 newsletters can be found on our Website <https://parafedbop.co.nz/flipa-newsletters>

FLIPA continues to grow & develop. This year we have delivered to 20 Schools across the Bay of Plenty.

The key learnings we are finding is that tamariki are more capable of exploring than may have been initially thought, & by just allowing them that bit extra time to explore, new discoveries are possible.

Each week of the programme sees tamariki growing in confidence, both with exploring & connecting with others.

Going forward we are working on making inclusive play more sustainable, so the programme will evolve to reflect this. One change that has been made is changing the "A" word from Advocates to Activators.

If you know anyone or a school that would like to participate in the FLIPA Programme please reach out. Contact Jo jo@parafedbop.co.nz.





DID YOU KNOW ?...

Following on from Newsletter #3 *Did you know* that Bob Hughes, as a lifelong advocate for free play, lists 16 types of play that children will experience in their play development.

Each newsletter will reveal 2 play types. If you would like to read the rest then click here <https://thekidsclub.je/play-types/>

Here are 2 more play types:

Exploratory Play: Play to access factual information consisting of manipulative behaviours such as handling, throwing, banging or mouthing objects. E.g engaging with an object or area &, either by manipulation or movement, assessing its properties, possibilities & content, such as stacking bricks. trying out things for themselves, what things are, what things do, new experiences.





In this photo, the hoops represented kingdoms, the ten pins were sky scrapers etc & tamariki were the creators

Imaginative Play: Play where the conventional rules, which govern the physical world, do not apply. E.g imagining you are, or pretending to be, a tree or ship, or patting a dog which isn't there, putting on makeup or face paint, dressing up.

Did you know that the Halberg Games are being held at Kings College in Auckland from 19th to the 21st of April.

Each year Parafed Bay of Plenty take a team of physically disabled youth, aged 8 to 21 years of age, to participate. It is such a fun filled 3 day event where participants have the opportunity to try, & compete in a variety of different sports. It always so awesome to see the comradery between the teams, & the friendships that are made from within PBOP's team & other teams that participate.

To express your interest or for more info contact Jo jo@parafedbop.co.nz





TRY THIS.....



Exploring Hoops: Playing with hoops can be so much fun.

They can be used to play hopscotch or they can be part of an obstacle course.

The course pictured was designed by a number of students together, showing great planning & team work.

They are not only great for dancing with they can be used to represent a basketball hoop. The hoop can be held up high, to either side, or lower making it more achievable or challenging.

Another fun activity is using them to set up a pattern of 9 hoops which can be a game of Os & Xs using beanbags or similar.





TOP TIPS

Noodles: These are very versatile pieces of equipment. They are lighter & softer to hold & relatively cheap too. During the programme they have been used as pretend swords & light sabers!



Balloons can be attached to the noodle with string, which is not only fun, it also makes the chances of hitting the balloon more achievable for those that may otherwise find it challenging.



If tamariki want to hit the balloon with a badminton racquet & a bit of extra support is needed then holding the noodle up with a balloon attached is a great way to support this.

With a few slits added on one side, they make great card holders for those with limited hand function.



PARAFED BOP NEWS

Looking Forward to 2024

We have exciting activities lined up for next year. We kick the year off with Adaptive Surfing in Mount Maunganui in collaboration with Hibiscus Surf School, West End Ohope in collaboration with Salt Spray Surf School & activities at Waihi Beach.

The Halberg Games are on the 19th to 21st April, then the weekend after we have our Healthvision Disability of Sport on the 27th & 28th April.



Based on the feedback received we will be holding another Amazing Race at the Redwoods.

In between all these exciting events we will have a variety of activities e.g. Boccia, Wheelchair Rugby, Wheelchair Basketball, Virtual Reality, Swimming, Ten Pin Bowling & much more.

We would like to wish you all a very Happy Christmas & New Year!

Check out our Events Calendar for upcoming activities
<https://parafedbop.co.nz/events>

