



Fun Learning through Inclusive Play Activators

NEWSLETTER #5



Welcome to Newsletter #5! Our first 4 newsletters can be found on our Parafed Bay of Plenty website <https://parafedbop.co.nz/flipa-newsletters>

FLIPA continues to grow & develop. Since we started we have reached 24 Schools across the Bay of Plenty.

Tamariki continue to inspire us with their ideas, energy & passion. When given the time & place tamariki gain so much by having the chance to explore & experiment with their thoughts & ideas.



Other Play Opportunities: We have incorporated play into many of our activities e.g. at our Adapted Surfing Family Fun Days. We also provided tamariki with the opportunity to explore play at the Whakatane & Opotiki FUN4U days!

Sustainability: We are implementing changes to make inclusive play more sustainable. As a result we have developed a number of resources & are running online workshops.

To Register: If you would like to know more about these workshops, or If you know anyone or a school that would like to participate in the FLIPA Programme please reach out. Contact Jo jo@parafedbop.co.nz.

Alternatively you can register by clicking on the QR Code





DID YOU KNOW ?...

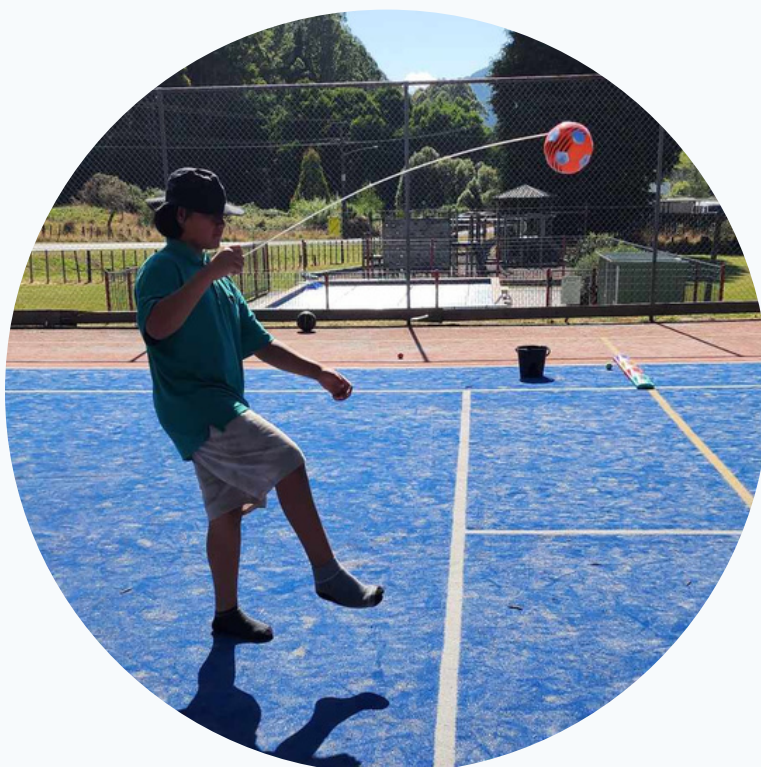
Following on from Newsletter #4

Did you know that Bob Hughes, as a lifelong advocate for free play, lists 16 types of play that children will experience in their play development.

Each newsletter will reveal 2 play types.

Here are 2 more play types:

Locomotor Play: Movement in any & every direction for its own sake. E.g chase, tag, hide & seek, tree climbing, gymnastics, jumping, swinging, riding a bike, skateboards, roller skating, leaping, ball games.



Object Play: Play which uses infinite and interesting sequences of hand-eye manipulations & movements. E.g examination & novel use of any object e.g. cloth, paintbrush, cup, playing with a ball, Rubik's cube, PSP, mobile phone, hand held devices etc.

Did you know that on the 27th & 28th April, Parafed Bay of Plenty are hosting the **Healthvision Festival of Disability Sport!**

The 2 Day Festival supports people of all ages, with a physical disability, to become active through sports or recreation.



There are a number of have a go sessions running.

Some of the sessions available include badminton, cricket, boccia, hockey, flag football, table tennis, surfing drills & we will be there with inclusive play. It is a great weekend!!! Please bring your whanau, your supporters, your friends! We'd love to see you at the Festival.

To express your interest or for more info contact Suzanne suzanne@parafedbop.co.nz or check out all the details on the website <https://parafedbop.co.nz/healthvision-festival-of-disability-sport>



TRY THIS.....

Target Practice: Creating your own games is such fun!!

At a recent FLIPA School, one of the tamariki balanced the tunnel against the basketball hoop, then using the catch & throw set he aimed to get the ball high in the air, through the hoop & down the tunnel.

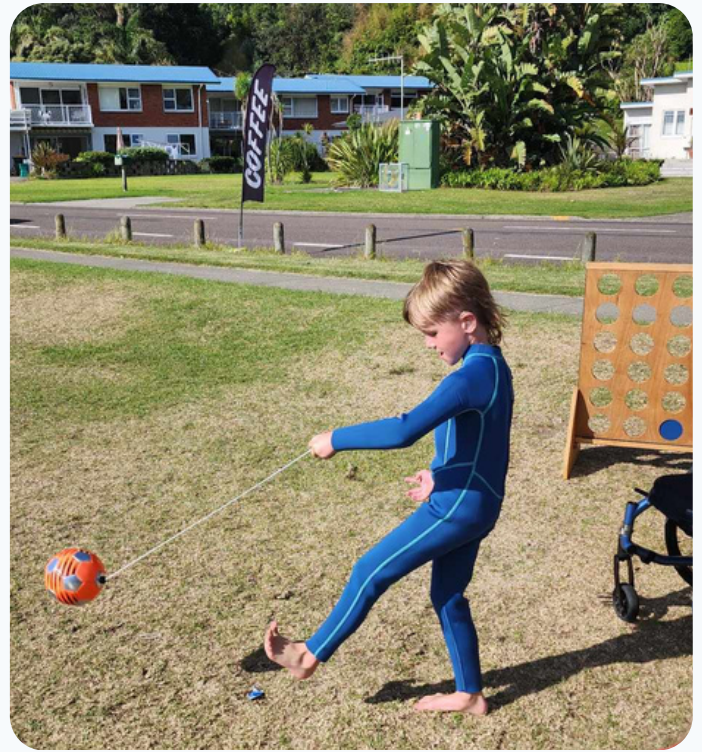
Such awesome creativity!!!





TOP TIPS

Ball on String: A small football on string has been a great way for tamariki to kick the ball without losing it. This could be especially beneficial if they are a wheelchair user with some lower limb function.



Giant Games: Backyard Games have supported many of our events & their games are a firm favourite. Many tamariki enjoy stacking the jenga, as well as playing, & we found cornhole to be very inclusive.



The giant games are great for those that struggle with fine motor skills e.g giant Connect 4 has larger counters than the standard size game.





PARAFED BOP NEWS

Starting 2024 with a Splash!!



Western Bay Water Fun

This summer kicked off with a splash as we ran our Adaptive Surfing & Sunset Splash days in Western Bay. Ran, in collaboration with Hibiscus Surf School & Tauranga City Council, our members had the opportunity to try adaptive surfing, kayaking & stand up paddle boarding!

If you are keen to know more contact suzanne@parafedbop.co.nz

Ohope Ocean Fun

Over Summer we had 3 Adaptive Surfing Family Fun Day at West End, Ohope. Ran, in collaboration with Salt Spray Surf School & Whakatane-Ohope Community Board our members had fun in the surf!! With support from the Wilson Home Trust, the beach wheelchair provided access to the sand & sea, something not everyone is able to do. For some of the participants, this was their first go at surfing!



If you are keen to know more or would like to join Parafed Bay of Plenty contact jo@parafedbop.co.nz