



Fun Learning through Inclusive Play Activators



NEWSLETTER #6



Welcome to Newsletter #6! Our first 5 newsletters can be found on our Parafed Bay of Plenty website <https://parafedbop.co.nz/flipa-newsletters>

FLIPA continues to grow & develop. This year we have been running online workshops and to date 69 people have attended our workshops either in person or online.

Resources: We now have an updated selection of resources that are proving to be useful. As well as a detailed look at Inclusive Play, there is an Equipment Resource and 15 x A5 Activity Cards. It's great to see that schools have printed these A5 cards off and have been using them to encourage more inclusive play. (See example below)

If you would like to receive please complete the below survey. This survey also gives the opportunity to share any Inclusive Play actions or stories. We'd love to hear from you!

https://docs.google.com/forms/d/e/1FAIpQLSd3Y1x8ozSfZ9yFejL-n56SbViEX-QxGltMI7oF61ME9JSVJw/viewform?usp=sf_link

Barry Bee's Hive of Activities

FLIPA - CHILD LED PLAY

BALLS & VELCRO

EQUIPMENT

Balls & Velcro



- Move the ball around your body e.g waist, figure of 8 around your legs & around your lifted leg
- Use different body parts to move the ball along the ground e.g head, nose, elbows, knees & bottom
- Bounce the ball off different body parts e.g knee, foot, head
- Bounce & dribble the ball on the ground &/or around objects
- Roll it - along the ground, down a ramp, through a tunnel, towards a target, against a roll, back/forth to a partner, over a net
- Throw it up & catch it again
- Try to hit targets e.g buckets, cones, ten pins, wickets, velcro targets
- Throw/bounce it, clap your hands then catch it again
- Move the ball with other equipment e.g hockey stick or golf club
- Pass the balls in pairs e.g roll, bounce pass, chest pass



In partnership with Parafed Bay of Plenty and Active Sparks



Barry Bee's Hive of Activities

MODIFICATIONS USING STEP MODEL

S - SPACE

- Consider the space you are playing on e.g astro turf can be more accessible than grass
- Play on a flat area or in a smaller area

T - TASK

- Roll the balls to the target
- When throwing & catching bring people closer together
- Use the wheelchair or walker to move the ball

E - EQUIPMENT

- Use tennis balls & velcro bats to play catch
- Use tennis balls & SNAG (Starting New At Golf) velcro targets, &/or dartboard velcro targets
- Use string to secure target if necessary
- Use lightweight sticks &/or noodles to hit & move balls with

P - PEOPLE

- Have a buddy system to assist e.g showing direction, being a play buddy




Barry Bee's message: Be Kind, Enjoy, Everyone Plays



DID YOU KNOW ?...

Following on from Newsletter #5

Did you know that Bob Hughes, as a lifelong advocate for free play, lists 16 types of play that children will experience in their play development.

Each newsletter will reveal 2 play types.

Dramatic Play: Play which dramatizes events in which the child is not a direct participator. E.g presentation of a TV show, an event on the street, a religious or festive event, even a funeral. Children making plays, miming a song or dance routine.

Fantasy Play: Play, which rearranges the world in the child's way, a way which is unlikely to occur. E.g playing as being a pilot flying around the world or the owner of an expensive car. Children using imagination to make up unreal things, i.e. dressing up as a super-hero, princess. Casting spells and performing magic.



“Play is an adventure where you can create your own world.”
Astrid, Denmark

INTERNATIONAL DAY OF PLAY

Putting play back on the agenda for 2 billion children around the world on June 11th.
Find out more internationaldayofplay.org

*To protect the privacy of children, names have been altered

Did you know In March 2024, the United Nations General Assembly adopted a resolution establishing 11 June as the International Day of Play to champion and protect this right. June 11th 2024 was the first-ever International Day of Play and it marks a significant milestone in efforts to preserve, promote, and prioritize playing so that all people, especially children, can reap the rewards and thrive to their full potential.



TRY THIS.....



Boccia is an all inclusive target ball game adapted from bowls and petanque. As Boccia sets can be expensive and not always readily available **try this:**

Replace 6 blue and 6 red boccia balls with tennis balls and beanbags (or any 2 different colours). The white target ball can be replaced with another coloured ball.

The tennis balls encourage players to roll the ball and the beanbags will encourage a throwing action! If you don't have access to tennis balls or bean bags then you can still have fun with rolled up socks or screwed up paper taped up!



You could add to the fun by marking out noughts and crosses on the floor with ribbon, skipping ropes, strips of paper etc



1. Create your 9 square grid
2. Prepare small pieces of paper with O's & X's
3. Throw your rolled up socks or small soft object onto the grid
4. Take soft object off & replace with either a O or X
5. Keep playing until you have 3 in a row



TOP TIPS

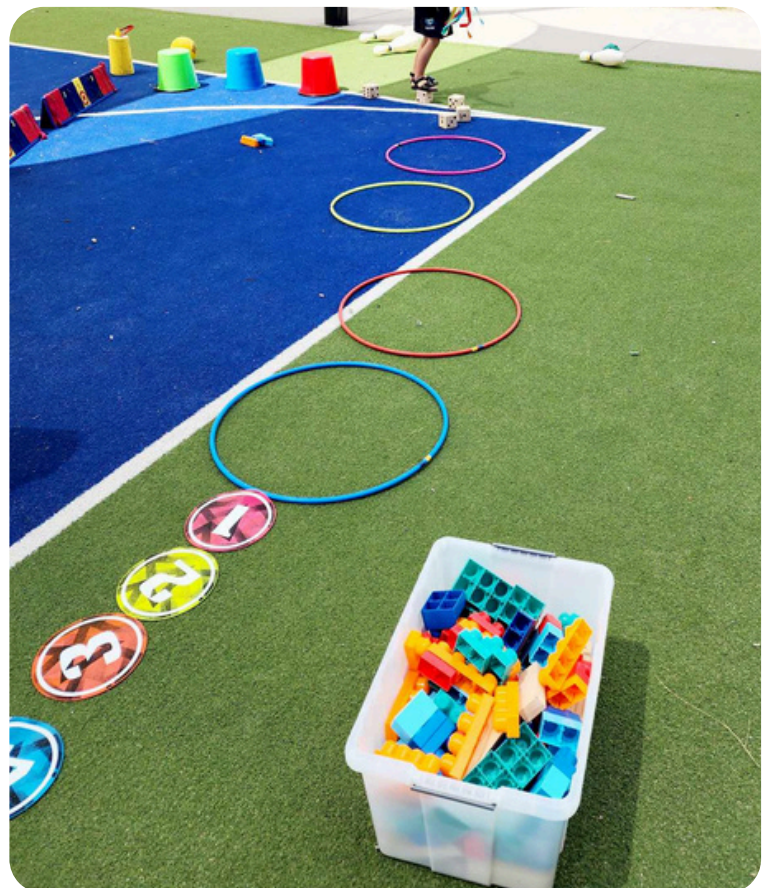
When modifying an activity or game encourages all the children to participate in the discussion, it helps them be part of the decision making and they will often have really good ideas!

If someone is struggling to throw a ball into a basketball hoop, try lowering the hoop or using another target e.g a rubbish bin.

Alternatively have someone hold a hoop. This can then be held at varying height and if there is someone with very limited hand function the hoop can be held horizontally and moved close to the persons knees so they can push the ball off their lap scoring a hoop!

The hoop can be raised too, creating further challenges.

Just leaving hoops out for children to play with allows the opportunity for creative play & imagination.





PARAFED BOP NEWS

We have a number of fun activities coming up! Please check out our events calendar for other fun activities <https://parafedbop.co.nz/events>

Play Opportunities:

This July we will have Inclusive Play at both our “Try This Tuesday” on July 9th - there will also be bocchia & frisbee golf!

https://docs.google.com/forms/d/e/1FAIpQLSc7bWtc5qjHsblwO_AgtlnYt9c3jQuO35yDXKPM3ouXM_1Dg/viewform?usp=sf_link

and “Target Thursday” on July 18th. There will also be Bocchia, Frisbee Golf & Futsal

https://docs.google.com/forms/d/e/1FAIpQLScy5ZIBhvxtSjPS7ZVMEHzCuDufE8UekjmrrotQd9JJYM8odA/viewform?usp=sf_link

If you would like to know more either click on the links or contact Jo jo@parafedbop.co.nz



TRY THIS TUESDAY!!

Join Parafed BOP, The Halberg Foundation & Arthritis New Zealand for some fun activities!

ENJOY BOCCIA!
Bocchia is a seated game. Anyone can play and no previous experience or skills are necessary.

INCLUSIVE PLAY
Fun play equipment available

TRY FRISBEE GOLF
Frisbee Golf can be easily modified for all to have fun!



WHEN
Tuesday July 9th from 10am to 1pm

WHERE
Lynmore Primary School Gym, Iles Road, Rotorua

WHO
Those with a physical impairment, blind & low vision, deaf & hard of hearing. Families & friends welcome too. Youth under 18 years need to be accompanied with an adult



TARGET THURSDAY!!

Join Parafed BOP, The Halberg Foundation & WaiBOP Football for some fun activities!

ENJOY BOCCIA!
Bocchia is a seated game. Anyone can play and no previous experience or skills are necessary.

TRY FUTSAL
Futsal is a fun inclusive activity. Come and give-it-a go with Nat from WaiBOP!

INCLUSIVE PLAY
Fun play equipment available

TRY FRISBEE GOLF
Frisbee Golf can be easily modified for all to have fun!



WHEN
Thursday July 18th from 10am to 1pm

WHERE
Lynmore Primary School Gym, Iles Road, Rotorua

WHO
Those with a physical impairment, blind & low vision, deaf & hard of hearing. Families & friends welcome too. Youth under 18 years need to be accompanied with an adult

