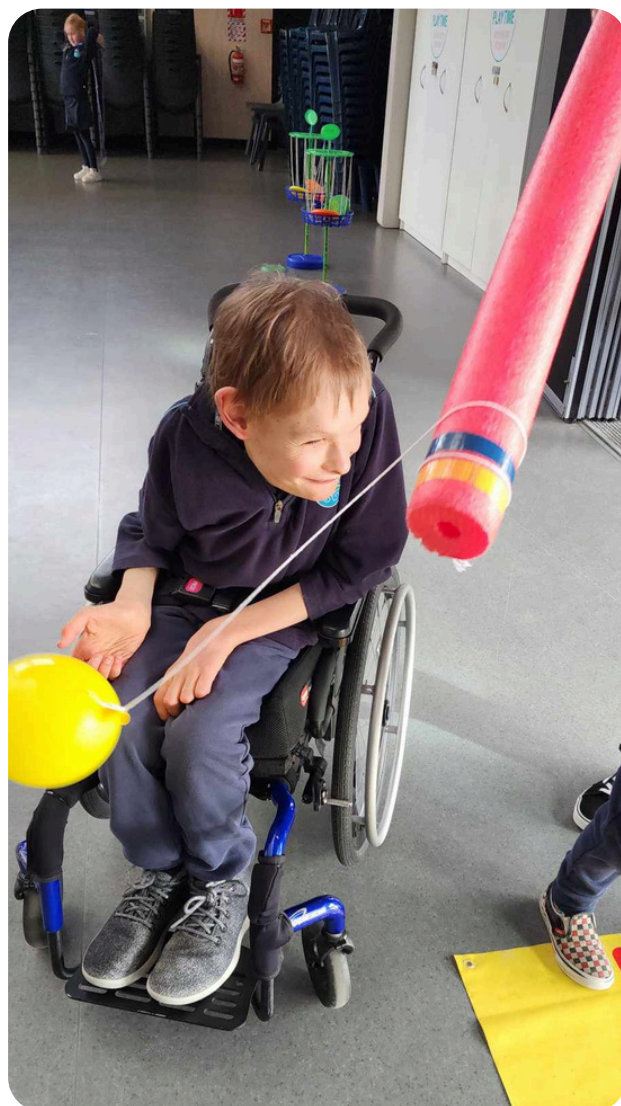




**Welcome to Newsletter #7!** Our first 6 newsletters can be found on our [Parafed Bay of Plenty website](#)

**FLIPA** continues to grow & develop. We have visited a number of schools across the Bay of Plenty, run a number of online workshops, and developed some colourful and insightful resources developed to encourage tamariki to lead play.

It has been fantastic to hear that a number of schools have printed & laminated these resources & created opportunities for all tamariki to enjoy more inclusive play more often.



**Ko Taku Reo. Deaf Education NZ:** We were very fortunate to be invited to the KIT (Keeping In Touch) Days that Deaf Education NZ run for tamariki that are deaf &/or hard of hearing. It was so exciting to bring inclusive play to these tamariki in the Eastern Bay.

We are proud to say that we are now in discussions about supporting their KIT Days both in Central & Western Bay this year too!



# DID YOU KNOW ?...

## Following on from Newsletter #6

Did you know that Bob Hughes, as a lifelong advocate for free play, lists 16 types of play that children will experience in their play development. Each newsletter will reveal 2 play types.



## Here are 2 more play types:

**Mastery Play:** Control of the physical & affective ingredients of the environments. E.g digging holes, changing the course of streams, constructing shelters, building fires. Fire play, building dens, mastering the natural environment.

NB These tamariki aren't outside in the natural environment but it was great watching them trying to build something with the noodles.

**Deep Play:** Play which allows the child to encounter risky or even potentially life threatening experiences, to develop survival skills & conquer fear. E.g leaping onto an aerial runway, riding a bike on a parapet, balancing on a high beam. Children engaging in activities with a real element of risk or danger (to them, being individual to each child) .i.e. children using apparatus in ways they were not intended for. This can be physical risk or emotional risk; both require the development of resilience.





**Did you know** that Play Week is from October 26th to November 1st?

How will you celebrate it?

In the next few weeks follow Parafed Bay of Plenty & Sport Bay of Plenty on Facebook for some ideas!

Any play ideas you have, or you would like to share, please email Jo at [jo@parafedbop.co.nz](mailto:jo@parafedbop.co.nz)



## TRY THIS.....

**Modified Boccia:** Boccia is a seated game adapted from Bowls & Petanque. The game can be easily modified using beanbags, tennis balls, rolled up socks etc - Let your imagination lead you!!

**You can use:**

Tennis balls, beanbags, socks etc. Traditionally Boccia uses 6 red & 6 blue balls with 1 white ball as the target ball. In the photo we have used red & blue tennis balls & beanbags. If unable to throw use pipes to roll objects down.

You can play individually, in pairs or teams of 3. Everyone with red are a team & everyone with blue are a team. The aim is to get your object as close to the white ball/target object as you can. Each object of one colour that is closest to the white wins a point. The team with the most points win.





# TOP TIPS

**Think Laterally:** In this photo we were enjoying a game of Noughts & Crosses Boccia using beanbags. We asked ourselves how would someone play if they were unable to throw the beanbag themselves?.



We thought someone else could throw the beanbag for them but then the player isn't really included. We tried using a ramp (or pipe) to run a tennis ball down but the ball rolled well past the grid we were playing in.

Then with more thinking we had someone stand to the side of the grid with their heels together & toes apart. The player then used a ramp (or pipe) to roll the ball & if it hit the person's feet then that was a score! The player could then choose where their beanbag went in the grid.

Always include everyone in the discussions when modifying the activity as in our experience, tamariki have the best ideas!!!



# PARAFED BOP NEWS

## Upcoming Events in the October School Holidays:

We have lots of activities coming up:

### **Boccia:**

Rotorua Tuesdays 8th & 16th

Whakatane Wednesday 2nd  
(for all abilities)

### **Ten Pin Bowling**

Rotorua Oct 4th (for all abilities)

### **Cricket & Boccia**

Rotorua Oct 9th (for all abilities)



### **Frisbee Golf & Football**

Rotorua Oct 11th (for all abilities)

For more details contact [jo@parafedbop.co.nz](mailto:jo@parafedbop.co.nz)

**Check our events calendar** <https://parafedbop.co.nz/events>



If you are keen to know more or would like to join Parafed Bay of Plenty contact [jo@parafedbop.co.nz](mailto:jo@parafedbop.co.nz)