



Welcome to Newsletter #8! Our other newsletters can be found on our Parafed Bay of Plenty website <https://parafedbop.co.nz/flipa-newsletters>

FLIPA & our goals of creating more sustainable inclusive play opportunities has really gained momentum.

As well as running FLIPA in schools we have continued to incorporate play in many of our other activities as well as when supporting community events.



At recent Eastern Bay celebrations for International Day of Persons with Disabilities run by the Disabilities Resource Centre, it was great to see the tactile noughts & crosses being played with and enjoyed!!

This summer we will be supporting & bringing play to a number of community events across the region as well as our adaptive surfing, paddle boarding & whanau days! Check out our Facebook Page!
<https://www.facebook.com/parafedbayofplenty>



DID YOU KNOW ?...

Following on from Newsletter #8

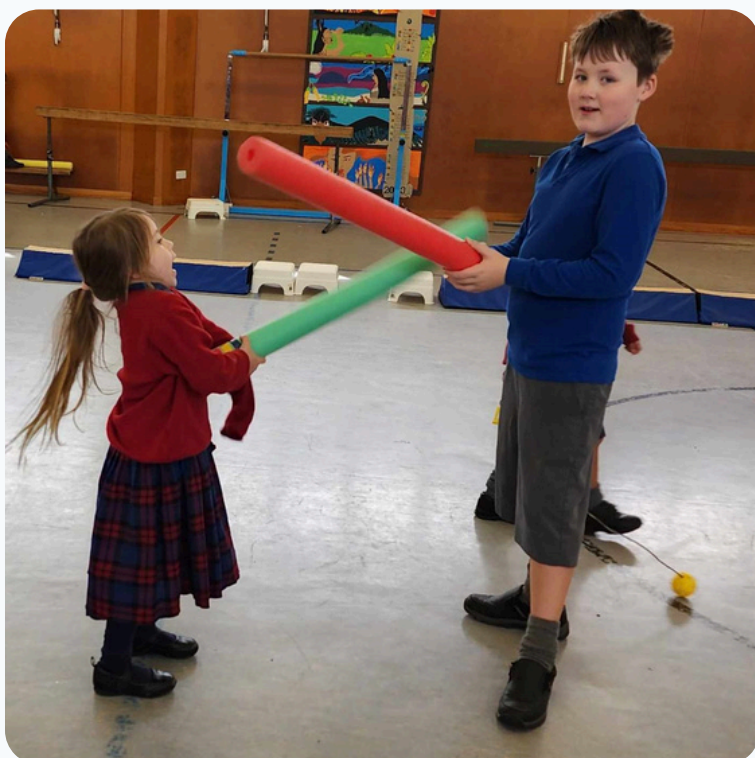
Did you know that Bob Hughes, as a lifelong advocate for free play, lists 16 types of play that children will experience in their play development.

Each newsletter will reveal 2 play types.

Here are the last 2 play types:

Role Play: Play exploring ways of being, although not normally of an intense personal, social, domestic or interpersonal nature. E.g brushing with a broom, dialing with a telephone, driving a car. When a child re-enacts something that they have seen, heard, read about, or experienced. Trying a new role, like being an old woman.

This wasn't captured on camera but the FLIPA mascot "Barry Bee" was out & about as Santa recently!!



Recapitulative Play: Play which rehearses skills for survival – not only for individual survival but also the survival of the human race. E.g Children lighting & using fires, children engaging in rituals, children dressing up in historic clothes & uniforms, children playing wars & using weapons.

Did you know that over the summer months Parafed BOP will be offering adaptive surfing sessions & other sea based activities. In Ohope they are in collaboration with Whakatane District Council & Salt Spray Surf School. In Mount Maunganui in collaboration with TECT & Hibiscus Surf School. In Waihi in collaboration with Western Bay District Council & Waihi Beach Surf School.

For more info contact

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TRY THIS.....

Throwing Practice: Watching tamariki & rangatahi create their own games is fantastic!!

Have someone hold up a hoop, and then the aim is to throw your noodle or vortex through the hoop! Can be done in pairs. Have the hoops held high or low to suit.

Hitting practice: Cones improvise as a great T-ball!





TOP TIPS

Making objects tactile: Making objects tactile is a great way to potentially make activities more inclusive. As an example pictured earlier, grooving out the noughts & crosses made them tactile & therefore more inclusive.

Alternatively you could play the game using smooth beanbags and fluffy bean bags.

The 9 grid can be made say with hose pipe or can be imaginary as long as clear communication happens eg saying I have put my beanbag in the top left corner etc



Putting activities on a table (height adjusted as needed) can be a great way to make activities more accessible.

In this photo we had giant jenga set up but we ended up splitting the game into 2 so it didnt go as high. Its always important to consider the safety of everything - we didnt want jenga blocks from a height falling onto people.



PARAFED BOP NEWS

Amazing Race 2024!

This was our second year running the Amazing Race in collaboration with the Halberg Foundation. It was a fun filled all-abilities day in the forest, bringing together local organisations to create a fun and inclusive experience for all.

There was a variety of engaging activities along a fantastic family forest walk. Even though the rain persisted all morning the day was a huge success. The turnout was amazing, and the feedback was heartwarming: "Great family fun. Loved it, we will be back again!"



We were very thankful for our partners, activity providers, & volunteers who made the day possible! Thank you to Rapid Relief Team NZ, Sport Bay of Plenty, Circability, Care on Call, Disability Resource Centre, WaiBOP Football Federation, Northern Districts Cricket Association, Waikite Gym/JTK Boxing, Arthritis New Zealand, Kylee & Co, and Backyard Games. Their support was very much appreciated as without them these events could not happen



If you are keen to hear more about PBOP sign up to our newsletter <https://parafedbop.co.nz/> or if you would like to join or for more info contact jo@parafedbop.co.nz